

APPLETREE-ABC Preschool

Menu A

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Snack @ 7:30am	Fruit Ring Cereal Milk 100% Orange Juice	Blueberry Muffin Vanilla Yogurt Milk 100% Orange Juice	Raisin Bran Cereal Milk 100% Orange Juice	Strawberry Pop Tart Vanilla Yogurt Milk 100% Orange Juice	French Toast Sticks w/Syrup Milk 100% Orange Juice
GA Pre-K Snack	Vanilla Crème Cookies 100% Apple Juice	Cheddar Fish 100% Mountain Berry Juice	Bananas Vanilla Wafer Cookies 100% Fruit Punch Juice	Oatmeal Cookies 100% Apple Juice	Graham Crackers 100% Mtn. Berry Juice
Lunch	Cheese Quesadillas Green Salad Applesauce Milk	Teriyaki Beef Meatballs Brown Rice Sweet Peas Pineapple Tidbits Milk	Chicken Nuggets Mashed Potatoes Sweet Corn Diced Peaches Milk	Turkey & Cheese Sandwiches Cheese Puffs Green Beans Applesauce Milk	Pasta Alfredo w/ Sweet Peas Mandarin Orange Segments Milk
Afternoon Snack	Assorted Animal Cookies Water	Apple Slices Shortbread Cookies Water	Chocolate Pudding Graham Crackers Water	Bananas Water	Pretzels Water

*****Vegetarian Food Option Is Available Daily*****